



Metro Hartford Office
 30 Lafayette Square, Suite 118 * Vernon, CT 06066
 860.872.3190 * Toll-free 800-JOY-9075 * Fax 860.872.3468
 Email: dcrandall@ChristAtWork.org Web: FCCI.org, FCCI-NE.org

**Fellowship of Companies for Christ
 East of the River Chapter
 January 6, 2016**

- Welcome! Opening prayer and praise reports
- **Today's topic: The Value of Detachment**

“And be not conformed to this world: but be ye transformed by the renewal of your mind, that ye may prove what is that good, and acceptable, and perfect will of God.” --Romans 12:2



Over the holidays, I read a book, *American Creation: Triumphs and Tragedies at the Founding of the Republic*. It was quite an eye-opener. At various points, leaders such as George Washington, Thomas Jefferson and James Madison had to become periodically **detached** from the military and political battlefields by stepping into more bucolic environments (which for them were their homes at Mt. Vernon, Monticello, Montpelier). Modern examples of detachment could be prayer time, a retreat or sabbatical. That got me thinking about Jesus' example and the value of detachment for Christian business owners.

Value = worth (importance or usefulness)
Detachment = disconnection, separation, impartiality, indifference (opposite is *attachment*)
 To me, detachment comes in various forms:

- Mental:** running a business can be mentally draining. We can also get into mental “boxes” because we’re so close to the business. We need to mentally detach to gain new perspective.
- Emotional:** running a business can be emotionally draining. We can also get so feeling and ego-driven that prudence and wisdom are crowded out. We need to emotionally detach to get our feelings in balance.
- Physical:** running a business can be physically draining. We can also be so driven by work that we don’t listen to or take care of our bodies. We need to physically / geographically detach to rest and exercise.
- Financial:** running a business can be financially draining. We can also get so consumed by numbers that they become the driver of all decisions. We need to financially detach to more clearly see the big picture.
- Spiritual:** running a business can be spiritually draining. We need to detach ourselves from the business so that we can be spiritually refreshed in the Word and the Spirit.

As we begin the New Year, are you too close, or attached, to the business? Do you need to detach yourself from it? If so, how and when? Your detachment doesn’t have to be for an extended period of time (e.g., these meetings). The Lord will guide you in the detachment process if you ask and obey Him.

Evaluate your biz from 1 (weak) to 10 (strong) in terms of your capacity to detach.	1	2	3	4	5	6	7	8	9	10
Why did you give yourself this rating?										
What benefits might you enjoy by being a more capable of detaching?										
What specific actions can you take to do so?										

- Next meetings: God Willing, on January 20, February 3 and February 17
- Upcoming events/news
- Closing prayer